

A Journey in Love

YEAR THREE

Aim: To describe and give reasons for how we grow in love in caring and happy friendships where we are secure and safe.

KEYWORDS	SKILLS
Community, God-given, belonging, family, diverse, father,	Listening, observing, relating, speaking, respecting, praying, reflecting,
mother, carer, guardian, feelings, emotions, friends, loyalty,	understanding, describing, articulating, welcoming and choosing wisely.
kindness, trust, selfless, generous, reasons, difficulties, positive,	
respectful.	

Social and Emotional

To describe and give reasons how friendships make us feel happy and safe.

- 1. How do friendships make us feel happy and secure?
- 2. Who could you turn to if you didn't feel safe in a friendship?
- 3. What is the difference between a relative, a friend and an acquaintance?
- 4. How would you respond to an adult you do not know who makes you feel uncomfortable or unsafe?
- 5. What are the qualities, characteristics of a true friend?
- 6. Sometimes people behave differently online, even our friends. How can we make sure these friendships are positive and safe?
- 7. How can friendships change?

<u>Physical</u>

To describe and give reasons why friendships can break down, how they can be repaired and strengthened.

- What things trigger disagreements between friends and within friendship groups?
- 2. How do these make people feel?
- 3. What might be the best way to resolve conflict in friendships?
- 4. Healthy friendships make people feel included; how should we react if we or others feel lonely or excluded? What strategies could be used to ensure that they are included?
- 5. Why is violence never the answer?

<u>Spiritual</u>

To celebrate the joy and happiness of living in friendship with God and others.

- How does the gift of the Sacrament of Reconciliation help restore friendship with God and others?
- 2. How can these words inspire, help and guide us to improve our friendships?
- 3. What Bible stories teach us about the beauty of forgiveness?
- 4. What does the phrase: 'To err is human, to forgive is divine' mean to you?
- 5. St Francis de Sales said: 'A quarrel between friends when made up, adds a new tie to friendships." How would you explain this quotation to your friends and others?