



What is prayer?

We pray when we talk and listen to God.

There are many different prayers we can use.

We can pray privately on our own

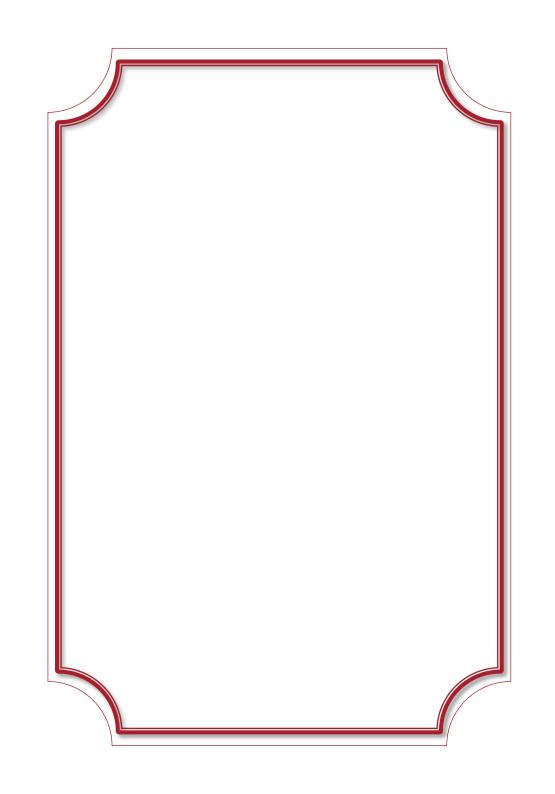
or we can pray with others in a group.

We can pray within our family or with our friends.

Where can we pray?

We can pray anywhere: in church, at home, at school or any other place such as while travelling or waiting somewhere.

God is always ready to listen and talk to us.



<u>Holy, Holy</u>

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The Sign of the Cross

In the name of the Father,

And of the Son,

And of the Holy Spirit.

Amen.

School Prayer/ Morning Prayer

Oh my God, I give to you,

All that I think, or say, or do

All my work and all my play,

I will give to God today.

School Family Prayer

God bless my family, bless them night and day.

God bless my friends, keep all harm away.

God bless us children, bless our work and play.

God bless everyone, each day.

Our Lady, pray for our school.

Grace Before Meals

Bless the food we are about to eat, and all the people who helped to get it ready for us. Please help, all the hungry children, in the world.

Amen.

Grace After Meals

Thank you, God, for the food we have eaten.

Thank you, God, for all our friends.

Thank you, God, for everything,

Thank you God.

Home Time Prayer

God our Father, we come to say thank you for your love today.

Thank you for my family and all the friends you give to me.

Guard me in the dark of night and in the morning send your light.

Amen

He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is
adored and glorified,
who has spoken through the Prophets.
I believe in one, holy, catholic and
apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. And in one Lord Jesus Christ. the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

<u>Hail Mary</u>

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

Our Father

Our Father, Who art in heaven,

Hallowed be Thy Name.

Thy Kingdom come, Thy Will be done,
on earth as it is in Heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.

Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Act of Contrition

O my God, because you are so good

I am very sorry that I have sinned against you
and by the help of your grace

I will not sin again.

Amen

Apostles Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.

Amen.